

Pilgrimage to India & Nepal 2016

Dear friends of the Dhamma,

we are fortunate to announce again for 2016 the pilgrimage to the Four Holy Places in India and Nepal.

For any further questions and registration please contact Samaneri Silavaddhani. Before booking flights please also make sure everything is fitting to the schedule and meeting points: +49 177 8109495 or silavaddhani@yahoo.de.

Every year the pilgrimage is organized well and qualified by Bikash, a longstanding Nepalese student of Most Ven. Ajarn Tong. The accommodation will be in hotels as well as in temples. There will be a 10-days meditation retreat in the birthplace of the Buddha. Who from our senior teachers will accompany the journey and teach the retreat besides Ven. Phrakhrubhavanabidhan (Phra Ajarn Ofer) will be announced later. Please note that participants need to have finished the Basic Course or at least have attended a several days retreat in one of our centers.

The journey is a wonderful possibility to get to know the historical places where the Buddha lived and operated and it is considered to be a very meritorious act if it is undertaken with the right intention and understanding.

People are supposed to meet Bikash the tour organizer in Delhi. Everybody is responsible to take care and apply for the Indian visa by oneself in advance. Best is to apply for it in the home country. The Nepalese visa will be applied upon arrival at the border.

People who like to do another retreat in Thailand, can afterwards continue the travel together with part of the group to Thailand and go to our main monastery Wat Phradhatu Sri Chomtong.

In the following you find the itinerary and costs for the Pilgrimage to India and Nepal:

Day	Date	Destination	Accommodation
D1	07-Feb	Arrival in Delhi (before 10 a.m.), Delhi-Gaya (flight, <u>not</u> included in package)	Vietnamese Temple
D2	08-Feb	Bodhgaya	Vietnamese Temple
D3	09-Feb	Bodhgaya; Rajgir & Nalanda	Vietnamese Temple
D4	10-Feb	Bodhgaya; cave & Sujatas house	Vietnamese Temple
D5	11-Feb	Gaya-Varanasi (flight, <u>not</u> included in package)	Hotel
D6	12-Feb	Varanasi, visit Sarnath; Varanasi-Kushinagar (bus trip)	Royal Thai Temple
D7	13-Feb	Kushinagar-Lumbini (bus trip)	Tibet Temple
D8	14-Feb	Lumbini; start retreat after lunch	Tibet Temple
D9	15-Feb	Lumbini, retreat	Tibet Temple
D10	16-Feb	Lumbini, retreat	Tibet Temple
D11	17-Feb	Lumbini, retreat	Tibet Temple
D12	18-Feb	Lumbini, retreat	Tibet Temple
D13	19-Feb	Lumbini, retreat	Tibet Temple
D14	20-Feb	Lumbini, retreat	Tibet Temple
D15	21-Feb	Lumbini, retreat	Tibet Temple
D16	22-Feb	Lumbini, retreat	Tibet Temple
D17	23-Feb	Lumbini, retreat	Tibet Temple
D18	24-Feb	Lumbini, closing ceremony after lunch	Tibet Temple
D19	25-Feb	Free day in Lumbini for practice, Dhammatalk, etc.	Tibet Temple
D20	26-Feb	Lumbini-Kathmandu (flight, included in package)	Holy Himalaya
D21	27-Feb	Kathmandu	Holy Himalaya
D22	28-Feb	Departure; Kathmandu to Chiang Mai or other destinations	

Please note: The itinerary might be subject to change at any time.

Costs:

	Double room arriving 7th from Delhi or BKK	Single room arriving 7th from Delhi or BKK
Travel package fee	835	1050
contribution to teacher expenses*	100	100
Flight Delhi-Gaya	not included	not included
Flight Gaya-Varanasi	not included	not included
TOTAL	935	1150
Single in retreat	110	-
2nd TOTAL	1045	-

* Please note: The teachers have to pay international and domestic flights as well as the expenses for rooms, transport and food. Bikash charges them a reduced fee, so the expenses are covered without making any profit. Usually when teachers are invited for courses, the costs for flights etc. will be covered through donations of the participants. The USD 100 is a contribution to these expenses, but depending on the number of participants will only cover approximately the full expenses of one teacher.

- Not included are the two domestic flights (Delhi/Gaya, Gaya/ Varanasi); please advice with Samaneri Silavaddhani which flights to book, so everybody is in the same flight.
- Please mention upon registration if you wish an extra option like single room in retreat or during all the trip.
- Room costs in Delhi for people arriving before February 7th: USD 40 (single), USD 20 (double); please mention upon registration if you need a room in Delhi.
- For registration it is necessary to pay a deposit of USD 500. Bank details will be supplied later.

Included:

- Accommodation in double rooms
- All meals
- A/C (Aircondition) transportation
- Fee for guide
- Domestic airfare Bhirawa/ Kathmandu

Not included:

- International airfare from country of residence to Delhi and back from Kathmandu (respectively the onward travel to Thailand)
- Domestic flight Delhi/Gaya, Gaya/Varanasi
- Accomodation in Delhi (if somebody arrives before 07.02.)
- Personal expenses such as laundry, telephone calls, camera fee etc.
- Entrance fees
- Tips for drivers, porters, guide etc.
- Donation for teacher and temples
- Anything not specifically mentioned under inclusions
- Any type of insurance
- International Airport Tax
- Additional sightseeing or usages of vehicle not mentioned in the itinerary
- Any cost arising due to natural calamities like landslides, road blocks etc (to be borne by the clients directly on the spot)
- Any increase in taxes or fuel, leading to increase in surface transportation & land arrangements, which may come into effect prior to departure

Registration & further questions

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